

# GOALS

GOAL

1

A personal or professional goal  
I have for this year is:

This goal is important to me because:

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3 steps I will take to reach this goal are:

1. 

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2. 

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3. 

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Some people who can help me reach the goal are:

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I can measure my progress by:

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When I reach this goal I:

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GOAL

2

A personal or professional goal  
I have for this year is:

This goal is important to me because:

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3 steps I will take to reach this goal are:

1. 

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2. 

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3. 

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Some people who can help me reach the goal are:

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I can measure my progress by:

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When I reach this goal I:

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GOAL

3

A personal or professional goal  
I have for this year is:

This goal is important to me because:

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3 steps I will take to reach this goal are:

1. 

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2. 

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3. 

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Some people who can help me reach the goal are:

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I can measure my progress by:

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When I reach this goal I:

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