



Use these questions to preface and conclude a reading of this book with children. Encourage them to share their observations as you read the book together, and take time to linger on pages or spreads that generate more discussion.

## Before Reading

- Describe things you see on the cover of the book.
- The book is called “My Body Can”. What do you think this book might be about?

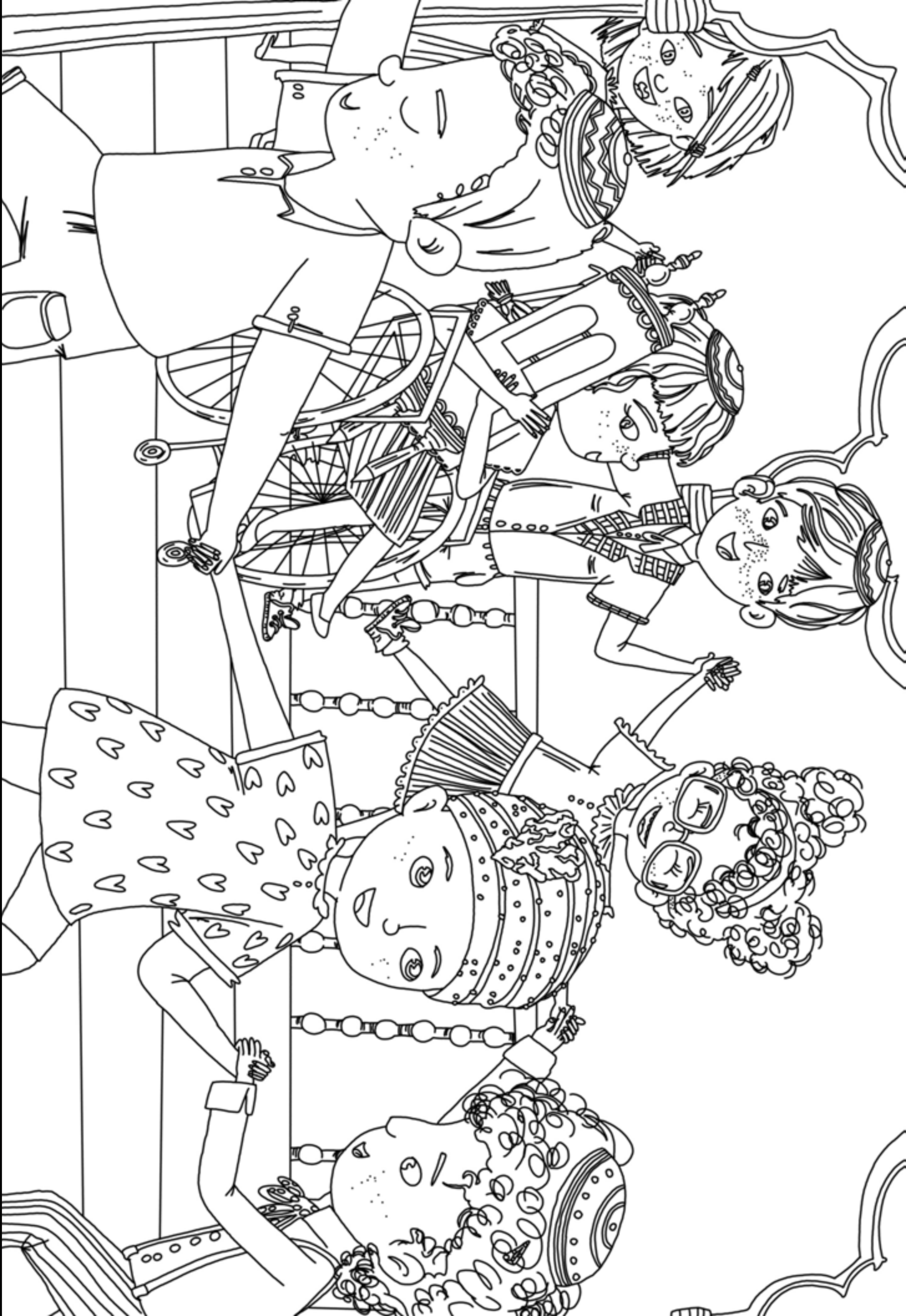
## While or After Reading

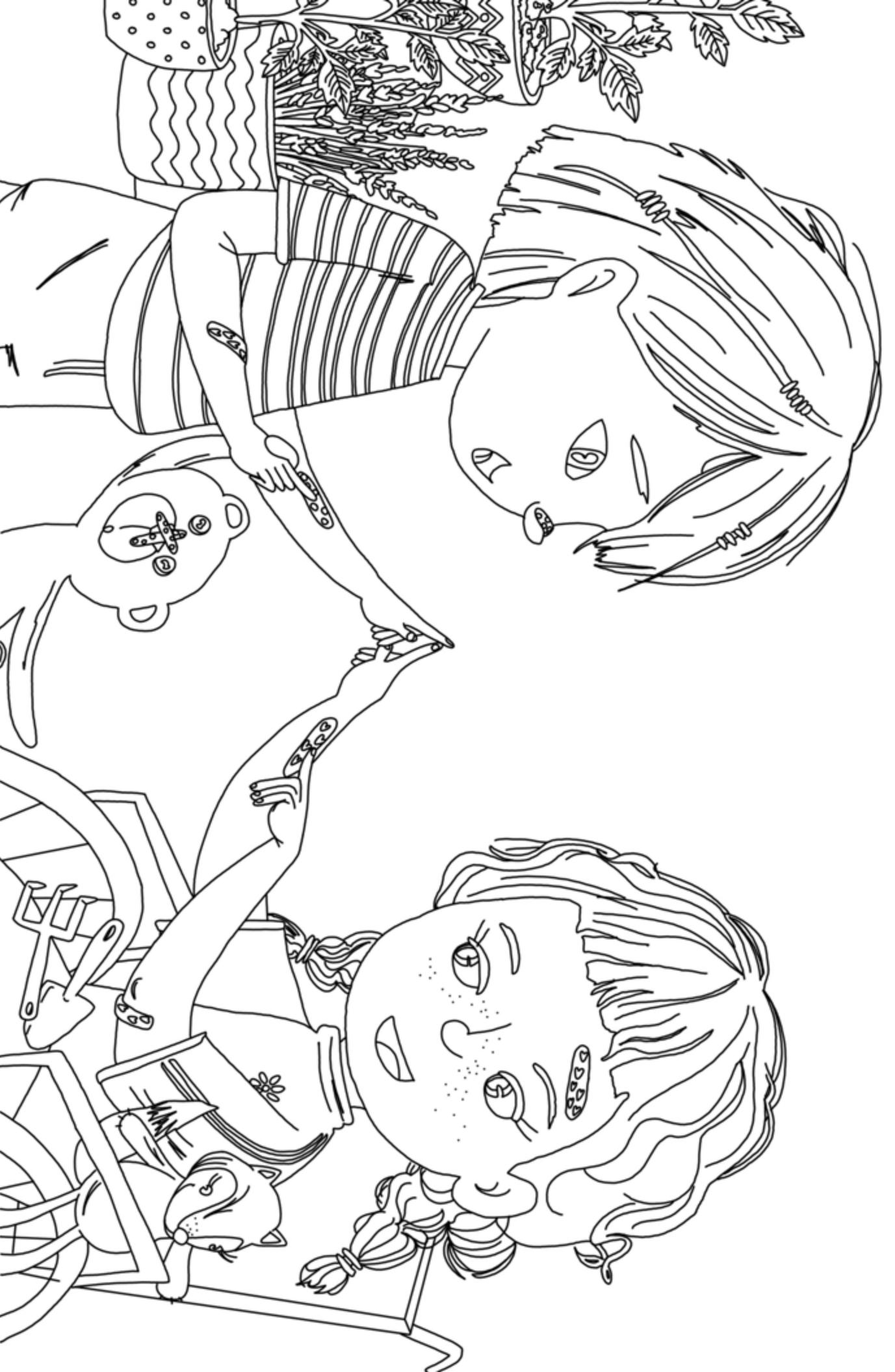
- Was there something you read about in the book that your body can also do?
- What else can your body do?
- Is there something you saw that you might want to learn to do?

## Extension Activity

1. Create a poster with your name on it, similar to the inside cover, and write things you like to do. You can decorate it any way you'd like! Hang it in your room and add to your list as you learn more things that you like to do!

*Discussion Questions by Heather Erez, RJE*





# My Body Can

By Laura Gehl | Illustrated by Alexandra Colombo

# Character Cut Outs

