## HOW MUCH IS TOO MUCH?

## The Waste Inventory

Often we go about our lives without really stopping to think about what we use and what we waste. Try this project, as food for thought: For three days, take a few minutes several times each day to fill in this chart.

	Day 1	Day 2	Day 3
Edible food that I threw away today			
Other stuff that I threw away today			
On any	of the days, take a loo	k around your room for ite	ems to list below.





