

# POSITIVELY TORAH

## Email Invitation to Family Learning Program

Subject: You Are Invited! Family Learning Program with *Positively Torah*

Dear Parent,

What do you think are your greatest character strengths? Perhaps they are your Humor, Kindness, Honesty, or Perseverance? Why is it important to know them? Research into Positive Psychology shows that when we use our top character strengths – those superpowers that are easiest for us to use – we can better navigate challenges to become our best selves.

We invite you and your child to join us [add date, time, and place] for a special Family Learning Program introducing *Positively Torah*, an exciting new component of this year's curriculum. Together we will explore how Torah study can inspire us to uncover, remember, and nurture what is best within each of us.

Before the program, you will need to do the following:

1. Go online, at home, to the VIA Character Strengths Survey at [www.viacharacter.org](http://www.viacharacter.org). Have your child register and take the VIA Character Strengths Youth Survey. The survey, free of charge, should take no more than 15 minutes. Assure your child that there are no correct or incorrect answers.
2. The results of the survey –which lists your child's hierarchy of the twenty-four character strengths – will immediately arrive in your inbox.
3. Now, it's time for you to take the VIA Character Strengths Survey yourself at [www.viacharacter.org](http://www.viacharacter.org).
4. Again, results arrive instantly by email.
5. Please bring a list of your and your child's top five strengths to our gathering.

Looking forward to learning with you all.

[Your name]

[Your title/School Name]

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