

POSITIVELY TORAH

Teacher Resource

Questions to Send Home by Chapter

Here are a variety of questions to send home to parents to spark conversations.

Chapter 1:

- Tell me how you used a superpower today or this week.
- Describe when you saw someone else using a superpower, like Kindness.
- Explain to me what we can learn from how Noah used his character strengths.

Chapter 2:

- What is something new you learned about Hope that you never thought about before?
- What can we learn about Hope from the story of Abraham and Sarah's journey?
- Tell me about a time you helped yourself or someone else feel hopeful.

Chapter 3:

- What do you think about the idea that Fairness is a top superpower that people look for in a friend? Is it one of your top criteria for a friend?
- What's an example of equal treatment not being fair?
- What can we learn about speaking out for Fairness from the way Abraham spoke up for the innocent people of Sodom?

Chapter 4:

- Explain to me why you think Kindness is or is not contagious.
- What is one question you might ask Abraham, Sarah, or Rebekah about an event related to Kindness described in Torah? What do you think they might answer?
- Tell me about something kind someone has done for you that you really appreciate.

Positively Torah, Questions to Send Home by Chapter
Copyright © 2026 by Ellen J. Rank and Susan Tessel



Chapter 5:

- What might explain why so many artists have painted and made sculptures representing Jacob's dream?
- When and why might you prefer to make up your own prayer, or use one from the siddur, or maybe do both?
- As one of the positive character strengths, how can using Spirituality well help us be our best selves?

Chapter 6:

- Describe something you found interesting or surprising that you learned from the dealings between Jacob and Laban about Honesty.
- What are the benefits and the disadvantages of being both honest and authentic?
- Tell me about a time when you found it hard, but important, to be honest.

Chapter 7:

- What is a question you would like to ask Joseph? Why would you want to know this?
- Tell me about someone you know that you think has very good Self-Control. When have you seen them put this superpower into action?
- When have you used the superpower of Self-Control? How did you feel using it?

Chapter 8:

- I heard that you have read about Joseph and his brothers. If you were one of Joseph's brothers, tell me why you would or wouldn't be able to forgive yourself.
- Explain which is harder for you – to forgive yourself or to forgive another person.
- Describe for me what you think the difference is between forgiving and forgetting.

Chapter 9:

- Tell me about the Torah hero you thought was the bravest in the accounts you just read about life under Pharaoh.
- I didn't know there were three kinds of Bravery. Please explain the differences among them to me.
- When did you have to use your Bravery superpower? What was that like for you?

Chapter 10:

- What makes it easiest for you to persevere?
- Describe a time you are proud of how you persevered, and then I'll tell you about a time I saw you persevere.
- What have you learned about Perseverance from Moses, Aaron, and Pharaoh?

Chapter 11:

- Who did something nice for you recently that you haven't had a chance to thank? What would you like to say to them?
- What do you find most remarkable or surprising about Miriam?
- Tell me something that might convince me why it is important to express Gratitude.

Chapter 12:

- What did you learn from how Moses led the Israelites?
- When are you more comfortable: as a leader or as a member of a team? Why?
- We have seen a lot of artwork in *Positively Torah*. What do you think inspires someone to create art based on the Bible?

Chapter 13:

- How can using the Perspective superpower help make someone a better friend? What's an example of this?
- What did you learn about the superpower of Perspective from the story of the leaders who scouted Canaan?
- Why do you think there are countless songs that use words from the Torah? What is a story or phrase from the Torah that you would like to put to music?

Chapter 14:

- I understand you have notes others wrote when they spotted you using your superpowers. If you're okay with it, I would love to hear a few of the notes.
- Tell me a few things you learned about your superpowers and how you think you can use them best.
- What do you think you will remember most about learning about your superpowers through Torah?